

# COWGIRLS TWIST

**Line Dance** (32) Counts - (4) Wall (Line dance rotation, counter clockwise)  
(Location on dance floor, in center only)

**Music Suggested:** What The Cowgirls Do by Vince Gill  
The Twist by Ronnie McDowell or Chubby Checker  
I Fell In Love by Carlene Carter  
Honky Tonk Twist by Scooter Lee

For Teaching - Snap Your Fingers by Ronnie Milsap

**Choreographed by Bill Bader**

**N.T.A. Instructor & Prepared by Bobby Truesdale of Country Dance Unlimited**

<u>PART/STEPS</u>	<u>COUNT</u>	<u>DESCRIPTION</u>
A Forward steps	1,2	RIGHT HEEL step forward, RIGHT TOE step down.
	3,4	LEFT HEEL step forward, LEFT TOE step down.
	5,6	RIGHT HEEL step forward, RIGHT TOE step down.
	7,8	LEFT HEEL step forward, LEFT TOE step down.
B Back steps	9	RIGHT FOOT step back.
	10	LEFT FOOT step back.
	11	RIGHT FOOT step back.
	12	LEFT FOOT step together.
C Swivels left	13	HEELS pivot left.
	14	TOES pivot left.
	15	HEELS pivot left.
	16	HOLD (pause) & clap hands.
D Swivels right	17	HEELS pivot right.
	18	TOES pivot right.
	19	HEELS pivot right.
	20	HOLD (pause) & clap hands.
E Swivels left, hold right, hold	21	HEELS pivot left.
	22	HOLD (pause) & clap hands.
	23	HEELS pivot right.
	24	HOLD (pause) & clap hands.
F Swivels left	25	HEELS pivot left.
	26	TOES pivot left.
	27	HEELS pivot left.
	28	HOLD (pause) & clap hands.
G 1/4 turn left	29	RIGHT FOOT step forward.
	30	HOLD.
	31	TURN BODY 1/4 turn left. (wght. on L.F.)
	32	HOLD.

**REPEAT FROM BEGINNING:**